



Alzheimer's Disease: The Complete Introduction (Your Health)

Judes Poirier, Serge Gauthier

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A guide for caregivers and sufferers coping with Alzheimer's.

Alzheimer's disease is a reality in millions of lives and a serious concern for seniors and their loved ones. In developed countries where people are living longer than ever before, the incidence of Alzheimer's is reaching epidemic proportions, according to the World Health Organization. For families, sufferers, and caregivers, the need for reliable, clear, and concrete information has never been greater.

Alzheimer's Disease: The Complete Introduction is a comprehensive guide to the disease and its effects: getting a diagnosis, the ways it can progress and be managed, strategies for supporting sufferers and accessing care, legal concerns, and more. This guide addresses every aspect of the disease from the first doctor's visit to the long-term measures that can drastically improve the lives of sufferers and those close to them.

Inside, you will find:

- Practical and comprehensive information to guide every step of the process of seeking treatment or a diagnosis
- A reassuring, realistic guide for family members, caregivers, and patients themselves
- Answers to the most commonly asked and most pressing questions about Alzheimer's
- Detailed and clear chapters on the lifestyle habits that may aid in preventing and managing Alzheimer's

Written by two medical experts, this guide is intended for all. It aims to demystify the disease and provide a clear path to reclaiming stability and quality of life. Finally, it explains the real progress that has been made over the past five years in treatment and prevention.

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