



# Vij's at Home: Relax, Honey: The Warmth and Ease of Indian Cooking

*Vikram Vij, Meeru Dhalwala*

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The team behind the world famous Vij's and Rangoli restaurants in Vancouver have an approachable follow-up to their award-winning, bestselling cookbook *Vij's: Elegant and Inspired Indian Cuisine*. The easily adaptable, versatile recipes in *Vij's at Home* are tailored for busy households like theirs. Meeru and Vikram share how to prepare flavorful vegetarian dishes that go from stove to plate in less than 45 minutes as well as easy Indian seafood, poultry and meat dishes that come together in 20 minutes then simmer while the home chef sits down with a glass of wine, or helps the kids with their homework. Interspersed throughout, the endearing couple share aspects of the home life of busy restaurateurs, who still manage to cook with their daughters, eat at the dining room table and throw parties for friends.

Pull up a chair—Meeru and Vikram invite you to dinner.

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