



Give Your Soul a Gift: While on a Powerful Journey to Spiritual Awakening

Anke Otto-Wolf

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Give Your Soul a Gift, the delightful, down-to-earth companion book to Spiritual Awakening, guiding through the maze of 'What the heck is Spirituality?' It allows the reader to discover spiritual tools to live with Inner Harmony and Balance, and to eliminate Stress and Frustration. Step into Your own Power-embrace Native philosophy and Energy Healing. The author successfully presents proven personal growth methods intertwined with ancient wisdom of American Native Traditions and Ceremonies in manifesting Nature's Energy and Spiritual Balance to Self-Belief and Self-Power. Moreover, the author has the profound gift to clarify, guide and 'de-mystify' the maze of metaphysical information by introducing how going back to basics such as seeking stillness and quiet introspective, can lead to inner balance and clarity. Visualizations and meditation are true relaxation tools and this read provides the know-how step by step. Moreover, a down-to-earth approach to soul-esteem balance and the use of every day 'spiritual tools' will increase self-image and soul balance. Utilizing Spiritual Awakening to feel, find, and know, and to be the Self is the aim of this read; additionally, the book is a magnificent tool for teachers in the classroom for its teachings are supported by practical worksheets and spiritual excises. Teach it forward! Give your soul a Gift.

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Steven Perez:

Spent a free a chance to be fun activity to try and do! A lot of people spent their down time with their family, or their friends. Usually they accomplishing activity like watching television, gonna beach, or picnic from the park. They actually doing same every week. Do you feel it? Will you something different to fill your personal free time/ holiday? Might be reading a book can be option to fill your totally free time/ holiday. The first thing you ask may be what kinds of reserve that you should read. If you want to test look for book, may be the book untitled Give Your Soul a Gift: While on a Powerful Journey to Spiritual Awakening can be excellent book to read. May be it could be best activity to you.

Everett Barton:

A lot of people always spent their free time to vacation or go to the outside with them friends and family or their friend. Are you aware? Many a lot of people spent these people free time just watching TV, or playing video games all day long. If you would like try to find a new activity honestly, that is look different you can read some sort of book. It is really fun in your case. If you enjoy the book you read you can spent the whole day to reading a reserve. The book Give Your Soul a Gift: While on a Powerful Journey to Spiritual Awakening it is very good to read. There are a lot of individuals who recommended this book. They were enjoying reading this book. In case you did not have enough space bringing this book you can buy the actual e-book. You can m0ore quickly to read this book from a smart phone. The price is not too costly but this book possesses high quality.

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