



# The Be (Happy) Attitudes: 8 Positive Attitudes That Can Transform Your Life

*Robert Schuller*

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Many seek happiness in wealth, fame, relationships, even drugs-and, of course, they fail. How CAN we be happy? In his most inspirational best-selling book to date, Dr. Robert H. Schuller, the spiritual host of the weekly telecast "The Hour of Power," probes the Beatitudes for the answer-and discovers eight universal positive mental attitudes that have been used for their healing value through the ages. Through them, you can make real happiness truly possible.

### *The Be (Happy) Attitudes*

- 1) I Need Help-I Can't Do It Alone. Learn two miracle-working statements: "I need help" and "I am sorry."
- 2) I'm *Really* Hurting-But I Am Going To Bounce Back. Learn that when bad things happen to good people, they become better people.
- 3) I'm *Going To Remain Cool, Calm, And Corrected*. "Blessed are the *Meek*..." is a poor translation. "Meek" in the Bible means: mighty, stable, kind,
- 4) I *Really* Want To *Do The Right Thing*. Learn how to adopt a "Go for it" attitude toward your life and dreams.
- 5) I'm *Going To Treat Others The Way I Want Them To Treat Me*. Learn how to heal your hidden wounds, and allow them to turn you into a better person.
- 6) I've *Got To Let The Faith Flow Free Through Me*. Learn how to know God better and overcome doubt. Faith makes love a possibility. Love makes miracles happen.
- 7) I'm *Going To Be A Bridge Builder*. Learn how to make peace with yourself before becoming a peacemaker for others. Learn how to remain positive and pardon those who persecute you, even when all else fails.

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