



Spiritual Balancing: A Guidebook for Living in the Light

Diana Burney

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Spiritual Balancing: A Guidebook for Living in the Light Diana Burney

This guide to spiritual empowerment provides a spiritual approach to the psychology of everyday living by offering practical strategies and step-by-step methods for clearing out negative psychic energy. Addressing topics such as spirit interference, spirit possession, and spirit attachment, Diana Burney--who has helped thousands worldwide refocus energies for positive results--shares timeless lessons and basic techniques for psychic protection and spiritual cleansing. Those who feel stuck energetically, emotionally, mentally, or financially will learn tools for healing and self-empowerment that will help them release impediments and accelerate their spiritual journey. In these difficult times, *Spiritual Balancing* provides answers for readers at all levels of spiritual growth as they seek to establish and maintain equilibrium in body, mind, and spirit.

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