



# Natural Childbirth the Bradley Way

*Susan McCutcheon-Rosegg, Peter Rosegg*

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Since the Bradley method was first introduced in 1970, a growing number of expectant parents have opted for natural childbirth, knowing that it's safer than medicated or surgical delivery. But where can parents-to-be go for information on how to have a successful Bradley birth? This book provides all the answers, offering sound advice on how to prepare physically for labor and what to expect during each of its stages. Photos & line drawings.

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