



# Ocean of Streams

*Veet Allan*

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## **Book Description**

After twelve years in print and acclaimed use by Shiatsu professionals and students worldwide the author Veet Allan has revisited, remastered and expanded the original 'Oceans' book for this new and second edition. Using modern digital illustration techniques Veet has completely redrawn and extended the original Zen Shiatsu based meridian system alongside theoretical material from Classical Chinese medicine to finally reflect his original vision for the book and subsequent practical and teaching experience.

All illustrations are designed for self-colouring.

On completion by the student or practitioner they provide an accurate pictorial study of the meridians, tsubos or points of Oriental medicine alongside the organ, skeletal and muscular systems of Western medicine.

## **From the Publisher**

This expanded new and second edition includes the following. Double the volume of the original book Over 150 illustrations throughout in greyscale and black line art.

Completely new and redesigned layout including new digital illustrations of the expanded Zen Shiatsu based meridian system, and two of the Primary (extra-ordinary vessels), namely the Du and Ren mai or Supervisor and Controller vessels respectively.

Revised and expanded to now include 123 Point or residential Tsubo studies with their respective names in Chinese characters in addition to pinyin name and Western identification.

New chapter illustrates the skeletal, muscular and organ systems of Western medicine in addition to the Oriental measurement system.

New chapter on Diagnostics illustrates the basics of the Classical Chinese and Zen Shiatsu medical systems.

New chapter illustrates all the Zen meridians complimented by fully annotated and detailed Anatomical cross sections in key areas.

New Appendix illustrates the author's alternative Zen based diagnostic zones or schema for the head, back, chest and hara.

New Point/Tsubo indications index and glossaries of Chinese characters for the points, meridians and general terminology.

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