



# Natural Antibiotics & Antiviral Remedies: Background on Natural Remedies and 50 Homemade Recipes

*Cara Nite*

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## Natural Antibiotics & Antiviral Remedies: Background on Natural Remedies and 50 Homemade Recipes

When antibiotics like penicillin were first discovered, they were thought to be something of a wonder drug. For years, bacterial infections caused by staphylococci and streptococci were a thing of a past but, eventually, overuse and misuse of prescription antibiotics led to antibiotic resistance. Now, strains of “super bacteria” are resistant to prescription antibiotics – how can you combat that? With natural antibiotic and antiviral herbs. In this book you will receive the following:

- An introduction to antibiotic resistance
- An explanation of the benefits of natural antibiotic and antiviral remedies
- An overview of the top 10 antibiotic and antiviral herbs
- A collection of natural antibiotic and antiviral remedies for common illnesses

By the time you finish this book you will be ready to throw out your prescription antibiotics and never use them again. With a collection of natural antibiotic remedies, you won't have to!

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