



Living out of Bounds: The Male Athlete's Everyday Life

Steven J. Overman

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Despite some enormous differences in salary among professional athletes, most aspects of their daily lives remain surprisingly constant across sports and income levels. In *Living out of Bounds* author Steven J. Overman mines a wide array of sports biographies, autobiographies, memoirs, and diaries to construct a representative picture of the athlete's life. In the course of the work a portrait emerges that transcends the individual lives lived. The shared experiences of devoted training, of travel and hotels, and of tension within and beyond the clubhouse or gym, force us to appreciate the often oppressive reality of the sporting life, at the same time that the individual lives lived also provide us with a glimpse of the rewards that make sports so compelling to audiences and athletes across America.

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