



In the Shadow of 13 Moons: Embracing Lunar Energy for Self-Healing and Transformation

Kimberly Sherman-Cook

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Coursing deep within every witch are currents of magick that ebb and flow along with the moon's rhythms. When you combine this powerful energy with your inner shadow, you can create real, positive change and transform your life through the mysteries of the dark moon.

In the Shadow of 13 Moons offers a rich variety of new, in-depth ways to practice dark moon witchcraft. Kimberly Sherman-Cook guides you step by step through the process of dark moon magick and ritual work while taking you down the path of self-discovery. She seamlessly blends the art of shadow work with magical practice to form a gentle yet empowering journey. Learn the sacred dance of the shadow as you follow a 13-moon cycle of meditations, rituals, spellwork, craft projects, and other practical exploratory techniques, which will connect you with your inner self and deepen your understanding of shadow craft.

Bring about self-healing and inner balance

Confront your shadow • Cast a circle of power

Work with dark moon deities • Draw down the dark moon

Ideal for solitary practitioners as well as coven members of all skill levels, *In the Shadow of 13 Moons* evolves with you on your path of personal transformation and spiritual growth.

"*In the Shadow of 13 Moons* takes you on a journey into the shadow and back out again, helping you face what is unseen in a thoroughly open and non-dogmatic way. Kimberly is an excellent guide, continuing the tradition of torchbearers in this important work of the psyche."?Christopher Penczak, author of *The Temple of Shamanic Witchcraft* and *The Witch's Coin*

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From reader reviews:

Joanna Weekley:

This In the Shadow of 13 Moons: Embracing Lunar Energy for Self-Healing and Transformation book is just not ordinary book, you have after that it the world is in your hands. The benefit you will get by reading this book is definitely information inside this publication incredible fresh, you will get facts which is getting deeper you read a lot of information you will get. This specific In the Shadow of 13 Moons: Embracing Lunar Energy for Self-Healing and Transformation without we realize teach the one who looking at it become critical in contemplating and analyzing. Don't become worry In the Shadow of 13 Moons: Embracing Lunar Energy for Self-Healing and Transformation can bring once you are and not make your carrier space or bookshelves' turn into full because you can have it in the lovely laptop even telephone. This In the Shadow of 13 Moons: Embracing Lunar Energy for Self-Healing and Transformation having good arrangement in word in addition to layout, so you will not really feel uninterested in reading.

Solomon Steward:

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