

How to Really Love Your Teen

Ross Campbell



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Even parents who deeply love their teen don't always know how to express that love in a way that makes their teen feel loved and accepted. In *How to Really Love Your Teen*, Dr. Campbell helps you create a balanced approach to parenting in the teen years. The skills you learn in this book will help you:

- · Communicate unconditional love
- Handle teenage anger ... and your own
- Deal with adolescent depression
- Establish loving communication even when your teen shuts down
- Help your teenager grow spiritually

As you learn to love your teen in ways he or she can receive, you'll be amazed at the joy the teenage years can bring.



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Michael Hale:

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