



Arteriosclerosis and Atherosclerosis - Treatment with Homeopathy, Schuessler salts and Acupressure: A homeopathic, naturopathic and biochemical guide

Robert Kopf

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The man is as old as his blood vessels. Arteriosclerosis is the most common degenerative vascular disease in civilization countries. Arteries are flexible and elastic blood vessels that carry oxygen and nutrients from the heart to the rest of the body. Arteriosclerosis is a hardening of the arteries restricting blood flow to the organs and tissues, because the arteries become thick and stiff. The organs and tissues connected to the affected arteries then don't receive enough blood to function properly.

Atherosclerosis is a specific type of arteriosclerosis that refers to the buildup of fats, cholesterol, calcifications and other cellular waste products in and on the artery walls (plaques), which can restrict blood flow. Plaques can burst and trigger a blood clot. A blood clot can completely block blood flow and trigger a heart attack, stroke or another medical emergency.

Symptoms of arteriosclerosis are chest pain or pressure (angina pectoris), numbness or weakness in your arms or legs, leg pain when walking (intermittent claudication), high blood pressure, kidney failure, erectile dysfunction, concentration problems, muscle spasms, feeling cold, fatigue etc.

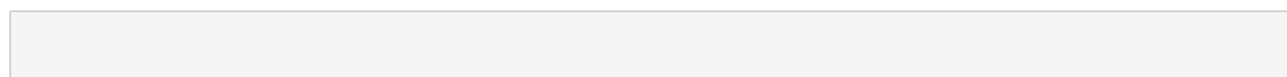
Causes of atherosclerosis are high cholesterol, an acidification of the body, hormonal disorders, smoking and alcohol, diabetes and other metabolic diseases, high blood pressure, obesity, a family history, hectic and stress associated with lack of exercise, and overeating - especially with animal fats.

In this homeopathic and naturopathic adviser, I will give you recommendations how to treat arteriosclerosis and atherosclerosis with the help of Homeopathy, herbal tinctures, Schuessler salts (also named cell salts, tissue salts, biochemistry) and Acupressure. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. Homeopathy works holistically. It treats the whole body, spirit and soul.

Acupressure comes from the Far East. During the acupressure treatment special points are pressed, massaged or rapped. As long as the energy is distributed evenly throughout the energy channels (meridians) of the body, the person is healthy. When the energy flow is disrupted, the person is sick. By treating certain points, the energy between the meridians will be balanced and the patient gets enough power to become healthy.

I wish you much success in your treatment, joy of life and especially your health. You will find more information about health in my other ebooks.

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