

No Expiration Dates: A Cancer Patient's Strategies for Survival

Leon Weisman



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Cancer: It's a word that was previously whispered, but now it's frequently the lead-in to the evening news. There are ribbons, walk-a-thons, plays, and documentaries on the subject. In *No Expiration Dates*, author Leon Weisman presents an inspirational cancer guide with a fresh approach.

Based on personal experience, Weisman offers a useful combination of practical advice, philosophical questions, and humorous observations- with a touch of personal memoir. *No Expiration Dates* presents insights into the many challenges and questions a cancer diagnosis brings for both the patients and their families. Weisman's unique use of literary quotes helps to emphasize the message that a devastating illness is not only survivable but can enlighten previously held perceptions about life.

A blueprint for survival, *No Expiration Dates* discusses the surreal nature of hospital stays, the fabric of doctor-patient relationships, and the world of chemotherapy. This non-medical guide provides an understanding of the coping mechanisms necessary to meet the emotional and social challenges of a cancer diagnosis. This memoir of discovery and hope helps develop positive paths to the goals of life extension and recovery.



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