

Women in Sports Coaching (Routledge Research in Sports Coaching)



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Women in many Westernized countries encounter a wider variety of career opportunities than afforded in previous decades, and the percentage of women leaders in nearly every sector is on the rise. Sport coaching, however, remains a domain where gender equity has declined or stalled, despite increasing female sport participation. The percentage of women who coach women are in the minority in most sports, and there is a near absence of women coaching men. This important new book examines why. Drawing on original multi-disciplinary research from across the globe, including first-hand accounts from practicing coaches, the book illuminates and examines the status of women in coaching, explores the complex issues they face in pursuing their careers, and suggests solutions for eliminating the barriers that impede women in coaching.

Developing an innovative model of intersectionality and power constructs through which to guide research, the book covers issues including sexual identity, race, motherhood, cross-gender coaching and media coverage to give voice to women coaches from around the world. As such, *Women in Sports Coaching* is essential reading for serious students and scholars of sports coaching, sport sociology or anyone with an interest in gender and sport.

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