



The Survivalist's Handbook: How to Thrive When Things Fall Apart

Rainer Stahlberg

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Let Rainer Stahlberg and The Survivalist's Handbook prepare you for any crisis. Here are step-by-step plans for surviving a range of disasters—both natural and manmade. This is the ultimate handbook of disaster scenarios and survival techniques. With this one-of-a-kind guide, you can be ready for:

Nuclear, chemical, and biological attacks

Global energy crises

Worldwide economic collapse

Natural disasters

Drastic climate change

Political upheaval

And other terrifying scenarios

Growing up in Soviet-dominated Hungary, Rainer Stahlberg developed an increasing wariness of the world around him. Wounded in the Hungarian uprising of 1956, he resolved to never be caught unprepared again. His experiences could save your life. Rather than sit and wait for the end of the world, you should treat today as Day One of any potential catastrophe. That way, you will be ready to survive Day Two!

Stahlberg provides extensive lists of survival supplies: food, cooking utensils, shelter and camping equipment, defensive weapons, medicine, and items to barter. You are the only person you can count on in a time of crisis, and with this book, you can be prepared and survive when the worst-case scenario becomes a reality.

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