



You Don't Really Know Me: Why Mothers and Daughters Fight, and How Both Can Win

Terri Apter

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A daughter often feels her mother doesn't know or understand her, and by fighting hopes to force her mother into a new awareness of who she really is, how she has changed, and what she is now capable of doing and understanding. But mothers often misinterpret their daughter's outbursts as signs of rejection, and they may pull back feeling hurt and confused. Through case studies and conversations between mothers and daughters, Apter shows mothers how to interpret the meanings behind a daughter's angry words and how to emerge from arguments with a new closeness.

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From reader reviews:

Jodi Saldana:

Playing with family within a park, coming to see the coastal world or hanging out with buddies is thing that usually you have done when you have spare time, then why you don't try issue that really opposite from that. 1 activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of information. Even you love You Don't Really Know Me: Why Mothers and Daughters Fight, and How Both Can Win, you could enjoy both. It is very good combination right, you still need to miss it? What kind of hang-out type is it? Oh can occur its mind hangout fellas. What? Still don't get it, oh come on its called reading friends.

Belia Gillespie:

Reading a book for being new life style in this 12 months; every people loves to go through a book. When you study a book you can get a lot of benefit. When you read books, you can improve your knowledge, since book has a lot of information in it. The information that you will get depend on what sorts of book that you have read. In order to get information about your analysis, you can read education books, but if you want to entertain yourself you are able to a fiction books, such us novel, comics, and also soon. The You Don't Really Know Me: Why Mothers and Daughters Fight, and How Both Can Win provide you with new experience in reading a book.

Elizabeth Brown:

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Troy Riley:

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