



# Collards: A Southern Tradition from Seed to Table

*Dr. Edward H. Davis Ph.D., Dr. John T. Morgan Ph.D.*

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Food is essential to southern culture, and collard greens play a central role in the South's culinary traditions. A feast to the famished, a reward to the strong, and a comfort to the weary, collards have long been held dear in the food-loving southern heart. In *Collards: A Southern Tradition from Seed to Table*, Edward H. Davis and John T. Morgan provide this emblematic and beloved vegetable the full-length survey its fascinating and complex history merits.

The book begins with collards' obscure origins. Like a good detective story, the search for collards' home country leads the authors both to Europe and West Africa, where they unravel a tale as surprising and complex as that of southern people themselves. Crossing back over the Atlantic, the authors traverse miles of American back roads, from Arkansas to Florida and from Virginia to Louisiana. They vividly recount visits to homes, gardens, grocers, farms, and restaurants where the many varieties of collards are honored, from the familiar green collards to the yellow cabbage collard and rare purple cultivars.

In uncovering the secrets of growing collards, the authors locate prize-winning patches of the plant, interview "seed savers," and provide useful tips for kitchen gardeners. They also describe how collards made the leap from kitchen garden staple to highly valued commercial crop.

*Collards* captures the tastes, smells, and prize-winning recipes from the South's premier collards festivals. They find collards at the homes of farmers, jazz musicians, governors, and steel workers. Kin to cabbage and broccoli but superior to both in nutritional value, collard greens transcend human divisions of black and white, rich and poor, sophisticated and rustic, and urban and rural.

Food trends may come and go, but collards are a tradition that southerners return to again and again. Richly illustrated in color, *Collards* demonstrates the abiding centrality of this green leafy vegetable to the foodways of the American South. In it, readers will rediscover an old friend.

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A lot of people always spent their own free time to vacation or even go to the outside with them family members or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, or even playing video games all day long. If you need to try to find a new activity honestly, that is look different you can read any book. It is really fun for yourself. If you enjoy the book that you simply read you can spent the entire day to reading a book. The book Collards: A Southern Tradition from Seed to Table it is quite good to read. There are a lot of people who recommended this book. These people were enjoying reading this book. In case you did not have enough space bringing this book you can buy typically the e-book. You can m0ore simply to read this book from a smart phone. The price is not too costly but this book provides high quality.

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The reason why? Because this Collards: A Southern Tradition from Seed to Table is an unordinary book that the inside of the guide waiting for you to snap it but latter it will surprise you with the secret the item inside. Reading this book adjacent to it was fantastic author who write the book in such awesome way makes the content inside easier to understand, entertaining means but still convey the meaning fully. So , it is good for you for not hesitating having this any longer or you going to regret it. This excellent book will give you a lot of gains than the other book include such as help improving your talent and your critical thinking approach. So , still want to hesitate having that book? If I had been you I will go to the publication store hurriedly.

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