

The Pound Cake Cook Book

Fran C. Wheeler



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The Pound Cake Cook Book is a collection of over 300 pound cake recipes gathered over many years, from many cooks in many states. It starts with the classic pound cake, made with one pound each of butter, sugar, flour and eggs, which first appeared in The Virginia Housewife or Methodical Cook, written by Mary Randolph in 1824. From there, let your imagination run wild. There are many varieties of plain pound cakes, but also cakes made with chocolate, brown sugar, nuts, spirits, spices and every imaginable fruit and vegetable. Low fat modifications create a healthier product. There's even a section for quick and easy pound cakes made with prepared cake mixes. Recipes range from the basic to the bizarre, but all are delicious, with velvety textures and terrific tastes. Enjoy!

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