



Forbes To The Limits: Pushing Yourself to the Edge--in Adventure and in Business

James M. Clash

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Following modern executives as they push themselves to the limits in life and in business In To the Limits, adventure writer Jim Clash examines the phenomenon of corporate leaders and millionaires who test their limits through high-end, risky adventure-and links the life and business lessons they have learned along the way. Based on his popular column in Forbes, Clash details his own exotic adventures and includes anecdotes from high-profile, daredevil executives who share his passion for adventure-from flying to the edge of space 84,000 feet up (Dennis Tito, Chief Executive of Wilshire Associates), to climbing 20,000-foot mountain peaks (Timothy Forbes, Chief Operating Officer of Forbes, Inc.), to racing open-wheel cars (Mark Patterson, Vice Chairman of Credit Suisse First Boston), to swimming at the North Pole (Geoffrey Kent, Chief Executive of Abercrombie & Kent). Clash's dramatic narrative also explores the powerful connection between extreme success in business and in life, and covers topics such as risk-taking, testing personal limits, and dealing with decision-making responsibilities. James M. Clash (New York, NY) covers mutual funds for Forbes magazine and writes a popular column called "The Adventurer" for Forbes Global. An avid wilderness enthusiast, he is a Fellow in the Explorers Club who has undertaken a number of unforgettable challenges-he has climbed the Matterhorn, ridden in a MiG jet fighter at two-and-a-half-times the speed of sound, driven Indy cars at upwards of 180 mph, climbed virgin mountains in Antarctica, and has visited the North Pole twice. Clash has also interviewed legendary adventurers such as Buzz Aldrin, Sir Roger Bannister, Sir Edmund Hillary, and four-time Indy 500 winner Rick Mears-all of whom are included in this book.

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