

The Heart of the Team

Bill Resler



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In the acclaimed documentary The Heart of the Game, audiences first came to the attention of the Roosevelt Roughriders, a Seattle varsity girls basketball team, and their charming but unorthodox coach Bill Resler. The film portrayed vividly Resler's unique coaching skills, which asks for "all-out aggression on every possession," while at the same time bearing in mind that players should value above all fun moreso than winning or losing. Collectively, the lessons and stories in the book offer an inspiration to develop competitiveness, teamwork, and self-confidence, attributes that'll come in handy both on and off the court. This book is especially an ideal text for both teenagers looking to improve their sports skills and develop their personality, as well as for their parents. It will also be cherished by those who loved The Heart of the Game and want to know more about Resler and his coaching.



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