



# Heritage of Home: Traditions and Recipes of a Norwegian Christmas

*Arnhild Knight*

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## **Heritage of Home: Traditions and Recipes of a Norwegian Christmas** Arnhild Knight

Christmas in Norway is full of Norwegian traditions, traditional Norwegian Christmas food, holiday ideas for decorating, Christmas music, and Christmas characters – some mythical, and some around your table!

Around the world holidays are special, and it is no different in the Scandinavian country of Norway where customs are as ancient as Vikings, and traditional Norwegian Christmas food could bring the toughest raider home with clean hands.

Norwegian Christmas food includes roast, sausages, a sweet sauerkraut in just an hour, cookies, cakes, lefse and many other Norwegian Christmas food traditions.

Norwegian Christmas traditions don't just begin and end with the traditional Norwegian Christmas dinner, although it does visit there quite often!

The Christmas holidays in Norway have a schedule all its own. Learn all the days of Christmas and the Norwegian holidays stretch into the New Year.

In Norway Christmas traditions include gnomes, reindeer and the man himself, Julenissen! Do you know who gets the porridge? What does a mouse have to do with anything?

Explore Christmas in Norway from decorating the tree to the proper way to dispose of it. Make crafts, learn traditional Norwegian prayers, find songs to teach your family, and the right rolling pin for your lefse.

The appendix includes several Norwegian museums in the United States, how to get started tracing your Norwegian genealogy, and where to get Scandinavian supplies if they are not available in your town.

Norway awaits! More than a cookbook, better than a dull history lesson. Embrace a holiday of Norwegian heritage. If you were born a Viking, live with one, or wish you were one, get started. Download your piece of Norway – Christmas traditions are at your fingertips!

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