

## Crossing the Unknown Sea: Work as a Pilgrimage of Identity

David Whyte



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**Crossing the Unknown Sea** is about reuniting the imagination with our day to day lives. It shows how poetry and practicality, far from being mutually exclusive, reinforce each other to give every aspect of our lives meaning and direction. For anyone who wants to deepen their connection to their life's work—or find out what their life's work is—this book can help navigate the way.

Whyte encourages readers to take risks at work that will enhance their personal growth, and shows how burnout can actually be beneficial and used to renew professional interest. He asserts that too many people blindly trudge through a mediocre work life because so many "busy" tasks prevent significant reflection and analysis of job satisfaction. People often turn to spiritual practice or religion to nurture their souls, but overlook how work can actually be our greatest opportunity for discovery and growth. **Crossing the Unknown Sea** combines poetry, gifted storytelling and Whyte's personal experience to reveal work's potential to fulfill us and bring us closer to ultimate freedom and happiness.

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